



Auburn Recreation and Culture

Yoga Weekday mornings

Wednesdays and Fridays 9:30– 10:30 am

Mary D Stone Apartments

5 weeks-2 classes a week \$60 or drop in \$10

Pre registration required: mail to Attn: Kristen Pappas

Auburn Recreation and Culture

4 Goddard Drive, Auburn, Ma 01501

please email or call

Kpappas@town.auburn.ma.us or 507-832-7736

Lesley Davis has been a certified yoga instructor for over 6 years and has been practicing for the past 15. She most recently taught at Auburn Yoga & Pilates and currently teaches at Whitinsville Community Center.

Class will be suitable for all levels, whether you are new to yoga or have been practicing for a while . Please make checks payable to Town of Auburn

Bring a mat and some water, and a desire to move. See you on the mat.

Namaste